



Triple P Groups & Workshops Online January 2021

Online Sessions - parents simply click on a link to join a session.

To book a place, please see details below each programme available;

Anne 086 8062095 or anne.mcguinness1@tusla.ie

Catherine 0877057965 catherine.carragher2@tusla.ie

Triple P Groups/Workshops	Dates	Time	Location	
Junior Group Programme (2-10 years)	Starting; Session 1- Tues 26th January Session 2- Tues 2nd February Session 3- Tues 9th February Session 4- Tues 16th February Phone Call Session – Tues 23rd February& 2nd March Session 7- Tues 16th March	10am - 12noon	Microsoft Teams (You will receive a link to your email & you simply click on this link to join this Group Programme)	To book a place, please contact Catherine 0877057965 or Email catherine.carragher2@tusla.ie
Junior Group Programme (2-10 years)	Session 1 -Thurs 28th January Session 2 - Thurs 4th February Session 3 - Thurs 11th February Session 4 - Thurs 18th February Phone Call Session – Thurs 25th February & Thurs 4th March Session 7 - Thurs 11th March	10am - 12noon	Microsoft Teams	To book a place, please contact Anne 086 8062095 or Email anne.mcguinness1@tusla.ie

Junior Workshop (2-10 years) Dealing with Disobedience 2hours x 1 Session	Thursday 28th January	10am - 12noon	Microsoft Teams	To book a place contact Catherine
	Tuesday 2 nd February Thursday 25 th February			To book a place contact Anne To book a place contact Catherine
Cooperate 2hours x 1 Session	Tuesday 30 th March	To book a place contact Anne		
Teen Workshop(11 - 15 years) Coping with Teenagers Emotions 2hours x 1 Session	Thursday 18th February	10am - 12noon	Microsoft Teams	To book a place contact Catherine
	Tuesday 16 th March			To book a place contact Anne
FearLess Seminar				To book a place, please contact
(4-14years) Reducing Anxiety for your child. 2hours x 1 Session	Friday 5th February 10.30am - 12noon	2000000000	Microsoft Teams	Catherine 0877057965, Email catherine.carragher2@tusla.ie or Anne 086 8062095, Email anne.mcguinness1@tusla.ie